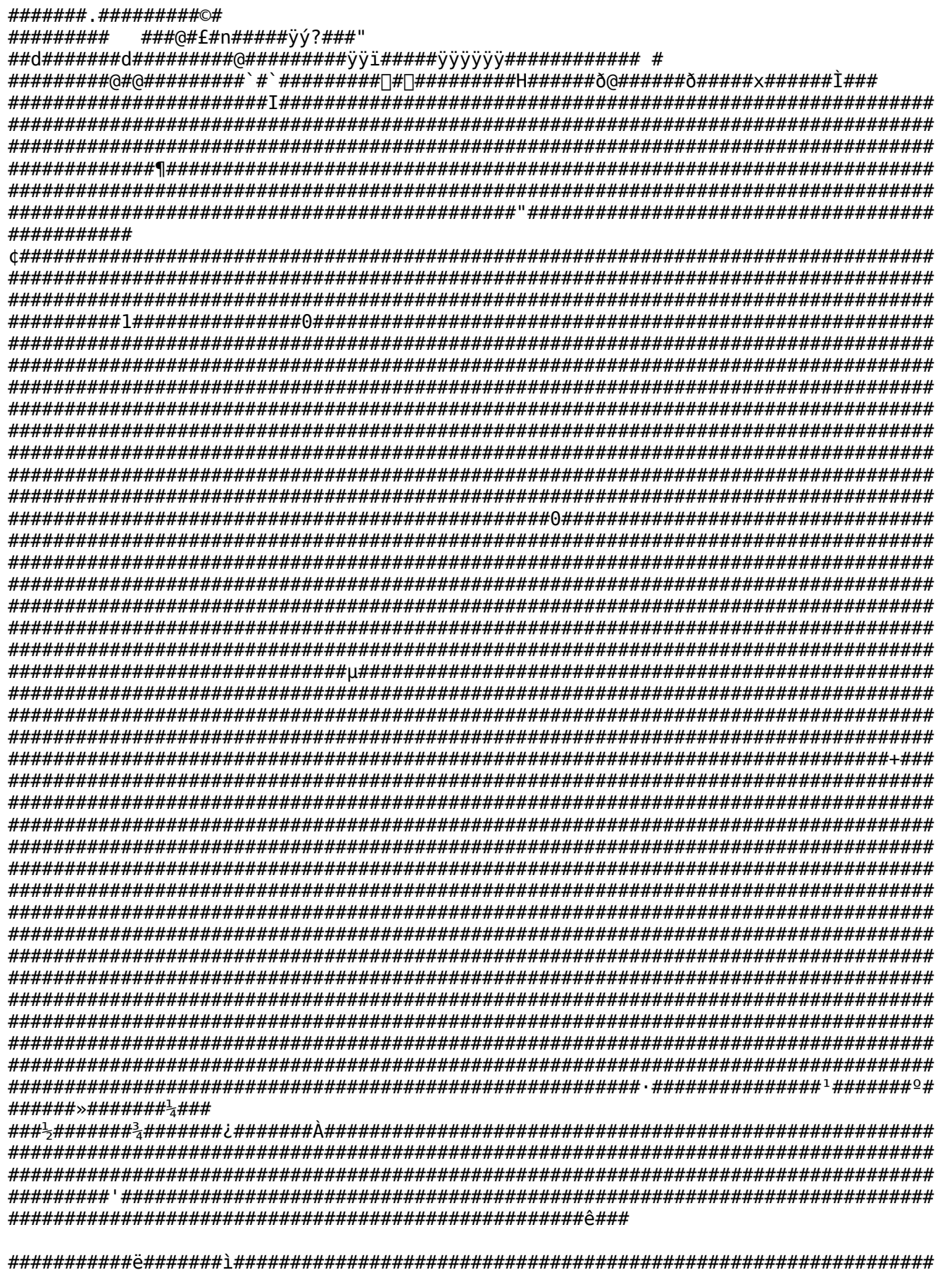

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Show##########CACI#ree####□################################################{#
##############################################Times New
Roman#####Tahoma#####Arial#####tricare_national#"###TRICARE Your Military Health
Plan#1###□Early□ Eligibility for  TRICARE Health Coverage#
```

###Eligibility#####Pre-Activation Coverage#####Dental Coverage#.###Reserve Component Member Health Care Options#$###Family Member Health Care Options #####TRICARE Standard and Extra#####TRICARE Prime Programs#####TRICARE Pharmacy Coverage#5###Contingency Operations Reserve Health Care Continuum#?###Uniformed Services Employment Reemployment Rights Act (USERRA)#####Information and Assistance#####Regional Contact Information#

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#####Ú#######=###ð##"####ó#####
#####################□###########¨#!###TRICARE#Your Military Health
Plan##□###########¨#W###Reserve Component (RC) Benefits During Pre-Activation
Period and While on Active Duty##ó#################□#########□########### #`####
E#a#r#l#y##  #E#l#i#g#i#b#i#l#i#t#y# #f#o#r# ###T#R#I#C#A#R#E# #H#e#a#l#t#h#
#C#o#v#e#r#a#g#e###□###########¨#□###Reserve component member mustBe called or
ordered to active duty for more than 30 consecutive days in support of a
contingency operationReceive delayed-effective-date ordersNamed on an alert order
or group orderOR receive their orders before report dateUpdate self & family
information in DEERSVerify through the Guard-Reserve portal
https://www.dmdc.osd.mil/Guard-
ReservePortal##¡#□#############□#########'#########+###########*#########(########
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0##ß####T####□######ó#####È##########ª#########□###########¨#####Eligibility##□###
########¨#{###Determined by Service/Reserve ComponentRecorded in Defense
Enrollment Eligibility Reporting System (DEERS)DEERS is the key to unlock all
TRICARE benefits Register or update information in DEERSReserve Component member
Family members DEERS is the key to unlock all TRICARE benefitsVerify eligibility
through Guard-Reserve Portalhttps://www.dmdc.osd.mil/Guard-ReservePortal
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##ò#######ó#########d#########B
0##ß#####N###z#####ó#####□###########□#########□###########¨#####Pre-Activation
Coverage##□###########¨#ª###Up to 90 days before active duty beginsTRICARE
coverage Includes pharmacy coverageIncludes family membersDental ServicesSame as
when on active duty(see later
slide)##¡#L###:#########3###################.#########:#######3#################.#
#########ó#####□###########□#########□###########¨#####Dental
Coverage##□###########¨#ó###RC MemberAutomatically disenrolled from TRICARE Dental
Program (TDP)if previously enrolledUse military Dental Treatment Facilities (DTF)
if within 50 milesIf no DTF, Tri-Service Remote Dental Program
      http://mmso.med.navy.mil/ Family Members If already enrolled in TDPPremiums
decrease to active duty family member rateIf not previously enrolled Family
members may enroll with reduced premiums12-month lock in does not apply if
enrolled #no later than 30 days after active duty report date##¡# ###
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####ò#######ó#########m########B
0##ß#####Í###æ#####ó#####□###########□#########□###########¨#-###Reserve Component
Member #Health Care Options##□###########¨#ð###Nearest Military Treatment Facility
(MTF)TRICARE Network hospitals and providers if MTF is not availableRC Members
hold up on TRICARE Prime First, get final duty stationThen, follow local service
guidanceVarious TRICARE Prime programs##¡#`###S###################
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```

##ó#####□###########□#########□###########¨#####Family Member #Health Care Options###□###########¨#ú###Eligibility in DEERS required for coverageBring military I.D. cardAutomatic when eligible in DEERSTRICARE Extra TRICARE Standard Optional - TRICARE Prime ProgramsTRICARE Prime, where availableTRICARE Prime Remote for Active Duty Family Members ##¡#□###+###################!######### #########"#########T#########+############### #########¥#!þ########## ###################¥#!þ##########T####

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##ó#####Þ###########µ#################¨#####TRICARE Standard and
Extra#############¨####ExtraVisit TRICARE network providersCost-share: 15
percent of negotiated rate*Providers will file claims for youMTF care on a space-
available basis##¡#,###############Z###########Z###################
############¨####StandardVisit TRICARE-authorized providersCost share: 20
percent of allowable charge*Providers may file claims for youMTF care on a space-
available basis##¡#,### ###########Z###########Z#
      ###################ó#####Ò###########¯####################¨#####TRICARE
Prime Programs#############¨#©###Family members may enroll at anytime after
eligible in DEERS20th of the month rule appliesTRICARE Prime programs inside the
50 United StatesTRICARE Prime if available locallyTPRADFMMust reside with sponsor
in TPR ZIP code upon activation or effective date of orders and remain there
TRICARE Prime programs outside 50 United StatesTRICARE Overseas Program - Prime
(if qualify)TRICARE Global Remote Overseas (if
qualify)##¡#ä###=###################3#########+#########f#########0#########Z#####
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0##ß#####□###□#####ó#####Ù############³#########□###########¨#####Information and Assistance##□###########¨#æ###DEERS Find the 3 closest I.D. card or personnel offices www.dmdc.osd.mil/rsl/ Bring proper documentation marriage certificate, birth certificate, divorce decree, etc.For more information, contact the Defense Manpower Data Center Support Office (DSO) 1-800-538-9552EligibilityYour Service/Reserve ComponentReserve Affairs www.defenselink.mil/ra/ Health Benefits www.tricare.osd.mil/reserve Your TRICARE regional contractorTRICARE Dental Program www.ucci.com or 1-800-866-8499##¡#"#############Z#e#########Z#>##########Z#c#########Z#

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0##ß#####r###□#####ò#######ó#########□########B
0##ß#####È###Ô#####ó#####Ú###########´#########□###########¨#####Regional Contact
Information##□###########¨#Ú###TRICARE South RegionHumana Military Healthcare
Services, Inc.1-800-444-5445URLsTRICARE North RegionHealth Net Federal#Services,
Inc. 1-877-874-2273TRICARE West RegionTriWest Healthcare Alliance1-888-874-9378
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#À   ##ð□#####□###########¨#§###TRICARE is committed to meeting the health care needs of Reserve Component members and their families before, during, and after activation. In this presentation, we will focus on the eligibility requirements and benefits offered under the Pre-activation period and while you are on active duty.Of note, when we refer to the Reserve Components throughout this presentation, we mean all seven (7) of the RCs. The seven RCs are the the Army National Guard, the Army Reserve, the Navy Reserve, the Marine Corps Reserve, the Air National Guard, the Air Force Reserve, and the U.S. Coast Guard Reserve.It would be helpful if you would hold your questions until the end.
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#À ##ðo#####□###########¨#[###If you meet the early eligibility requirements, you are covered by TRICARE for up to 90 days before you report to active duty. This includes pharmacy and dental coverage. Eligible Reserve Component family members are also covered during this pre-activation period.In the next few slides I will discuss these benefits in greater detail. ###ðH#####
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#À ##ð¯#####□###########¨#_###During the pre-activation period, Reserve Component members can get medical care at any military treatment facility (MTF), from any TRICARE Network provider, or from any TRICARE-authorized provider. Note that you will not be enrolled in TRICARE Prime during the pre-activation period. Upon arriving at your final duty station, you will follow local guidance about enrolling in one of the TRICARE Prime programs. Depending upon availability in that local area, you may be offered enrollment in TRICARE Prime, TRICARE Prime Remote, TRICARE Overseas Prime, or TRICARE Global Remote Overseas.

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#À   ##ð□#####□###########¨#q###If you, the RC member, are enrolled in the TRICARE Dental Program (TDP) before you get delayed-effective-date active duty orders for more than 30 consecutive days, you will be disenrolled from TDP and will become eligible for the same dental services provided to active duty service members at no cost. You are eligible to receive treatment from military dental treatment facilities (DTF). If there is no DTF nearby, you can contact the Military Medical Support office about dental coverage under the Tri-Service Remote Dental program.If your family was enrolled in the TRICARE Dental Program (TDP) when you got your delayed effective date orders, they will remain enrolled in the TDP; however, their premiums will be reduced to the same rate as active duty family members. If your family was not already enrolled in the TDP, they may now enroll at the reduced premium rates.###ðH#####
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#Â   ##ðn#####□###########¨#º###Reserve Component family members properly registered in DEERS become eligible for TRICARE Prime programs available in their local area during the pre-activation period. If they reside in a TRICARE Prime Service area (PSA) in the North, South, or West region, they may enroll in TRICARE Prime. If they live inside the 50 United States but not in a TRICARE Prime Service area (PSA), they may be eligible for TRICARE Prime Remote for Active Duty Family Members. They must have lived with the RC member at the time of activation in a designated TRICARE Prime Remote ZIP code location. However, if any family member moves from that residence, he or she loses eligibility for TPRADFM.Family members living in one of the overseas areas may enroll in the TRICARE Overseas Program (TOP) Prime or TRICARE Global Overseas (TGRO) if they qualify.If the TRICARE Prime enrollment application is received by 20th of the month, then enrollment is effective on 1st day of the next month. If the application is received after the 20th of the month, coverage becomes effective the 1st day of the following month. Family members will remain covered under TRICARE Standard/Extra until the effective date of Prime enrollment.##¡#□###»#########÷#######

#Ä   ##ðU#####□###########¨#ß   ##MTF pharmacies will fill a 90-day supply for most written prescriptions from any TRICARE-authorized provider, free of charge. Beneficiaries should contact their local MTF for details about filling and refilling prescriptions at its pharmacy. The TRICARE Mail Order Pharmacy is particularly well-suited for medications taken on a regular basis or for beneficiaries who live a considerable distance away from an MTF. A 90-day supply can be dispensed for most medications. Administered by Express Scripts, Inc., beneficiaries mail their written prescription, along with the appropriate co-pay, to TMOP, and the medications will be sent directly to the beneficiary. Providers may fax or phone-in new prescriptions. However, beneficiaries may only mail in new prescriptions. Prescriptions may be refilled by mail, by phone, or online. Note that controlled substances are always limited to a 30-day supply. The TRICARE Network Retail Pharmacy (TRRx) program is available in the United States (including D.C.) and U.S. Territories. It is particularly well-suited for medications needed immediately or for a short term only. TRRx is also administered by Express Scripts. Visit the Express Scripts Web site to locate a network pharmacy.Medications must undergo a lengthy and involved process before they are listed as non-formulary. Non-formulary medications will not be available in the MTF.Filling prescriptions in Non-network pharmacies is the most expensive option. Beneficiaries using Non-network pharmacies may have to pay the total amount of their prescription first and file a claim to receive partial reimbursement.Be aware that family members not enrolled in TRICARE Prime are responsible for $9 or 20 percent of the total cost, whichever is greater, after the deductible is met (E1-E-4: $50/person, $100/family; all others, including retirees, pay $150/person, $300/family.) Those enrolled in a TRICARE Prime program are responsible for the higher cost-shares associated with the point-of-service option. That is a 50 percent cost-share after the point-of-service (POS) deductibles ($300 per person/ $600 per family) are satisfied. As always, prescriptions for Service members will be reimbursed at the full amount paid. After satisfying the appropriate deductible, the family member reimbursement will be reduced by the amount of the applicable cost-share. Overseas active duty family members enrolled in TRICARE Prime (in areas other than Guam, Puerto Rico, or the Virgin Islands) will have no cost-share. ##¡#&###à   ########P#######&#□###
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#Å   ##ðª#####□###########¨#X###Choosing a health plan is a very personal decision. It is recommended that you carefully consider your personal situation. You may have some protections under the Uniformed Services Employment and Reemployment Rights Act (USERRA).USERRA provides protection to you and your family when you are serving on military duty, whether active or inactive, or voluntary or involuntary orders. If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while in the military. Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries.For more information, contact the National Committee for Employer Support of the Guard and Reserve (NCESGR) toll-free at 1-800-336-4590. You may also contact visit www.esgr.org/ for more information.##¡#####Y#########Z#Y#########ª#####5#######

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###ó#ÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########;###Reserve Component: Pre-activation
and Active Duty Benefits a
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      c#ÿÿ####ÿÿ#####ÿ□#ÿÿd######0##d#########Z###Reserve Component TRICARE
Benefits During Pre-Activation Period#and#While on Active Duty
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ú□ÿõ#s   ############ÿ□#ÿÿd#########d#########j###TRICARE is committed to meeting the health care needs of Reserve Component (RC) members and their families before, during, and after activation. In this presentation, we will focus on the eligibility requirements and benefits offered under the Pre-activation period (if applicable) and while you are on active duty.Of note, when we refer to the Reserve Components throughout this presentation, we mean all seven (7) of the Reserve Components. The seven Reserve Components are: Army National Guard Army Reserve Navy Reserve Marine Corps Reserve Air National Guard Air Force Reserve U.S. Coast Guard Reserve

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#6#ó#ÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########;###Reserve Component: Pre-activation
and Active Duty Benefits #
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C#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########L###Determined by Service/Reserve
ComponentRecorded in Defense Enrollment Eligibility Reporting System (DEERS)DEERS
is the key to unlock all TRICARE benefits# Register or update information in DEERS
Reserve Component memberFamily members Verify eligibility through Guard-Reserve
Portalhttps://www.dmdc.osd.mil/Guard-ReservePortal
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ú□ÿõ#s   #############ÿ□#ÿÿd#########d#########A###DEERS is the key to unlock all TRICARE benefits. First and most importantly, it is the sponsor□s responsibility to ensure that family members are properly registered in DEERS and that the information is current. Secondly, remember that eligibility for TRICARE is determined by the sponsors□ Service/Reserve Component. e

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#6#ó#ÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########;###Reserve Component: Pre-activation
and Active Duty Benefits #

#################$#########################ÿ□#ÿÿd#########d#########2##□##Úöûv c#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########¾###Early eligibility for TRICARE□up to 90 days before active duty beginsEligibility: Reserve component member mustBe called or ordered to active duty for more than 30 consecutive days in support of a contingency operationReceive delayed-effective-date ordersVerify eligibility through the Guard/Reserve PortalCoverageFull TRICARE coverage including pharmacy Active duty dental benefitsFamily members also eligible during pre-activation period

#########################ÿ#ÿÿd#########d#########2####ú.ÿ#Ä ÿÿ####ÿÿ#####ÿ#ÿÿd#########P#########W###The pre-activation benefit provides early eligibility for TRICARE for Reserve Component members who are issued delayed-effective-date orders for more than 30 consecutive days in support of a contingency operation. So what is a delayed-effective-date order? A delayed-effective-date order is a military order alerting or calling you by name to active duty, but you actually do not report to active duty until the date indicated on the order. For example, you are named on an alert order dated April 15, 2005; however, your orders show that you are to report for duty on July 14, 2005. The time between the date the order was issued and the date you are to report for duty is the period of early eligibility. In order to be eligible for TRICARE benefits, Reserve Component members and family members must be enrolled in the Defense Enrollment Eligibility Reporting System, commonly referred to as DEERS. Once you receive a delayed-effective-date order, you are encouraged to verify your coverage through the Guard-Reserve portal.If you meet the early eligibility requirements, you are covered by TRICARE for up to 90 days before you report to active duty. This includes pharmacy and dental coverage. Eligible Reserve Component family members are also covered during this pre-activation period.These benefits will continue with no break in coverage when you begin serving on active duty. If you do not meet these early eligibility requirements, your coverage (and your familys coverage) will begin on the first day of your orders.In the next few slides I will discuss these benefits in greater detail.   #

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and Active Duty Benefits #
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      #ûÿÿ$###ÿÿ#####ÿ□#ÿÿd#########d#########-###Reserve Component Member #Health
Care Options#
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£#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########Z#########g###Access to careMilitary treatment
facility (MTF), when availableTRICARE network or TRICARE authorized provider if
MTF is not availableFollow protocol of assigned duty station to obtain care#
Covered by one of the TRICARE Prime optionsTRICARE PrimeTRICARE Prime Remote
TRICARE Overseas PrimeTRICARE Global Remote OverseasEnroll at your final duty
station#

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ú□ÿõ#s   ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########¬###During the pre-activation period, Reserve Component members can get medical care at any military treatment facility (MTF), from any TRICARE network provider, or from any TRICARE-authorized provider (when MTF or network providers are not available)□requires authorization.Although covered under TRICARE Prime, you will not be enrolled during the pre-activation period. Upon arriving at your final duty station, you will follow local guidance about enrolling in one of the TRICARE Prime programs. Depending upon availability in that local area, you may be offered enrollment in TRICARE Prime TRICARE Prime Remote TRICARE Overseas Prime or TRICARE Global Remote Overseas

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and Active Duty Benefits t
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C#ÿÿ####ÿÿ#####ÿ□#ÿÿd#########d#########□###Eligibility in DEERS required for
coverage#Program optionsTRICARE Standard on first day of ordersTRICARE Extra on
first day of ordersTRICARE Prime/TRICARE Overseas Prime where available, requires
enrollmentTRICARE Prime Remote for Active Duty Family Members/ TRICARE Global
Remote Overseas where available, requires enrollment#Family members should decide
which option best meets their needs.

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ú□ÿõ#s   #############ÿ□#ÿÿd#########d#########§###To ensure your family is eligible for TRICARE benefits, make sure they are properly registered in DEERS and that the information is up-to-date. They should have a valid dependent□s uniformed services ID card and take it with them when they go to get care. During your pre-activation period, your immediate family members in DEERS automatically become eligible for TRICARE Extra and TRICARE Standard. Optionally, they may choose to enroll in TRICARE Prime or TRICARE Prime Remote for Active Duty Family Members, depending upon availability in their local area.Note to presenter: Family member briefing has more detail for family members about the specific program options.0

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and Active Duty Benefits #
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#######d#########Y###   *Not available in the MTF unless medical necessity is
established.      □Deductibles apply.#
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###ÿÿ#####ÿ□#ÿÿd#########P##########   ##Whenever you and your family members are eligible for TRICARE, you can take advantage of TRICARE□s world-class pharmacy benefit. This includes the pre-activation period, while the Reserve Component member is on active duty, and while using TAMP, CHCBP or TRS.MTF pharmacies will fill a 90-day supply for most written prescriptions from any TRICARE-authorized provider, free of charge. Contact your local MTF for details about filling and refilling prescriptions at its pharmacy. The TRICARE Mail Order Pharmacy is administered by Express Scripts, Inc. With TMOP, you will mail in your written prescription, along with the appropriate cost-share, to TMOP, and the medications will be sent directly to your mailing address. Providers may fax or phone-in new prescriptions. Prescriptions may be refilled by mail, by phone, or online. Note that controlled substances are always limited to a 30-day supply. TRICARE retail network pharmacies are available in the United States (including D.C.) and U.S. Territories, and is administered by Express Scripts. Visit the Express Scripts Web site to locate a network pharmacy. Filling prescriptions in non-network pharmacies is the most expensive option. Beneficiaries using non-network pharmacies may have to pay the total amount of their prescription first and file a claim to receive partial reimbursement.Be aware that family members not enrolled in TRICARE Prime are responsible for $9 or 20 percent of the total cost, whichever is greater, after the deductible is met (E1-E-4: $50/person, $100/family; all others, including retirees, pay $150/person, $300/family.) Those enrolled in a TRICARE Prime program are responsible for the higher cost-shares associated with the point-of-service option. That is a 50 percent cost-share after the point-of-service (POS) deductibles ($300 per person/$600 per family) are satisfied. As always, prescriptions for Service members will be reimbursed at the full amount paid. After satisfying the appropriate deductible, the family member reimbursement will be reduced by the amount of the applicable cost-share. Overseas active duty family members enrolled in TRICARE Prime (in areas other than Guam, Puerto Rico, or the Virgin Islands) will have no cost-share.Note: The DoD generic drug policy applies to all prescription medications.

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and Active Duty Benefits s

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      C##############□#ÿÿd#########Z#########M###Active duty dental benefitsUse
military dental treatment facilities (DTF)#where availableIf no DTF, Tri-Service
Remote Dental ProgramVisit http://mmso.med.navy.mil/ #TRICARE Dental ProgramNot
eligible when on active duty orders (or during pre-activation period)Automatically
disenrolled if previously enrolled before activatedt
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ú□ÿõ#s   #############ÿ□#ÿÿd#########d#############If you, the RC member, are enrolled in the TRICARE Dental Program (TDP) before you get delayed-effective-date active duty orders for more than 30 consecutive days, you will be disenrolled from TDP and will become eligible for the same dental services provided to active duty service members at no cost. You are eligible to receive treatment from military dental treatment facilities (DTF). If there is no DTF nearby, you can contact the Military Medical Support Office about dental coverage under the Tri-Service Remote Dental Program.

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#6#ó#ÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########;###Reserve Component: Pre-activation
and Active Duty Benefits #
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################$########################ÿ#ÿÿd#########d#########2####ªömûF
C#ÿÿ####ÿÿ#####ÿ#ÿÿd#########d#############TRICARE Dental Program Enrolled before
sponsor is activatedPremiums decrease to active duty family member rate#If not
enrolled when sponsor is activatedMay enroll with reduced premiums12-month lock-in
does not apply if enrolled #no later than 30 days after active duty report dateÿ
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ú□ÿõ#s   #############ÿ□#ÿÿd#########d#########Ç###If your family was enrolled in the TRICARE Dental Program (TDP) when you got your delayed effective date orders, they will remain enrolled in the TDP; however, their premiums will be reduced to the same rate as active duty family members. If your family was not already enrolled in the TDP, they may now enroll at the reduced premium rates.Note to presenter: Family member briefing has more detail for family members about the TRICARE Dental Program.ÿ

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#6#ó#ÿÿ####ÿÿ#####ÿ##ÿÿd#########d#########;###Reserve Component: Pre-activation and Active Duty Benefits R

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#ûÿÿ$###ÿÿ######ÿ□#ÿÿd#########d#########>###Uniformed Services Employment Reemployment Rights Act (USERRA)

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###ÿÿ#####ÿ#ÿÿd#########Z#########1###Choosing a health plan is a very personal decision. It is recommended that you carefully consider your personal situation. You may have some protections under the Uniformed Services Employment and Reemployment Rights Act (USERRA).USERRA provides protection to you and your family when you are serving on active duty. If you leave your job to perform military service, you have the right to elect to continue your existing employer-based health plan coverage for you and your dependents for up to 24 months while in the military. You will be responsible for not only the employee share of the health plan premium, but also the employers portion and an administrative fee (during this 24 month period).Even if you don't elect to continue coverage during your military service, you have the right to be reinstated in your employer's health plan when you are reemployed, generally without any waiting periods or exclusions (e.g., pre-existing condition exclusions) except for service-connected illnesses or injuries. Note: USERRA protection may not always apply when you are eligible for TRICARE (e.g., pre-activation benefit90 days of early eligibility.)For more information, contact the National Committee for Employer Support of the Guard and Reserve (NCESGR) toll-free at 1-800-336-4590. You may also visit www.esgr.org.

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Military#Healthcare Services, Inc.1-800-444-5445www.humana-military.com#TRICARE
North RegionHealth Net#Federal Services, Inc. 1-877-874-2273
www.healthnetfederalservices.com#TRICARE West RegionTriWest Healthcare Alliance1-888-874-9378www.triwest.com

##########ÿ□#ÿÿd#########d#########Ë###Contact your regional contractor for more information. TRICARE South Region□includes Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Oklahoma, South Carolina, Tennessee (excluding the Ft. Campbell area), and Texas (excluding the El Paso area).TRICARE North Region□includes Connecticut, Delaware, the District of Columbia, Maine, Maryland, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont, Virginia, North Carolina, Illinois, Indiana, Kentucky, Michigan, Missouri (St. Louis area), Ohio, Tennessee (Ft. Campbell area), and Wisconsin. TRICARE West Region□includes Alaska, Arizona, California, Colorado, Hawaii, Idaho, Iowa (excluding Rock Island Arsenal), Kansas, Minnesota, Missouri (except the St. Louis area), Montana, Nebraska, Nevada, New Mexico, North Dakota, Oregon, South Dakota, Texas (the southwestern corner including El Paso), Utah, Washington, and Wyoming. The three overseas areas are served by TRICARE Area Offices. TRICARE Pacific□includes Guam, Japan, and Korea. TRICARE Latin America and Canada□includes all of Latin America (except Panama), Canada, Puerto Rico, and the Virgin Islands. TRICARE Europe□ includes Europe, Africa, and the Middle East.#

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##ÿÿ####ÿÿ#####ÿ□#ÿÿd#########P#############DEERS Find the 3 closest ID card or
personnel offices www.dmdc.osd.mil/rsl/ Bring proper documentation (e.g., marriage
certificate, birth certificate, divorce decree, etc.)Call 1-800-538-9552 for more
information#EligibilityDetermined by Service/Reserve ComponentReserve Affairs
www.defenselink.mil/ra/ Verify though Guard/Reserve Portal:
https://www.dmdc.osd.mil/Guard-ReservePortal #Health Benefits
www.tricare.osd.mil/reserve or your TRICARE regional contractor#TRICARE Dental
Program www.ucci.com or 1-800-866-8499#
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##########ÿ#ÿÿd#########d#########Ô###An important take-away from todays presentation is that you must ensure that your family members are properly registered in DEERS to be eligible for any of these TRICARE benefits. You can add or update their information in the DEERS database by visiting your local military ID card issuing facility. You should not wait until you get active duty orders to do this. Update DEERS TODAY! Then you should verify the DEERS information whenever you receive active duty orders. However, your family members can update it if they have a Power of Attorney. If you are adding or removing family members from DEERS, proper documentation is required. Incorrect information can result in delayed claims processing, problems with the use of retail pharmacies and the TRICARE Mail Order Pharmacy benefit, and other difficulties. If you would like additional information about eligibility discussed during todays presentation, please contact your Service or Reserve Component or visit the Reserve Affairs Web site.If you would like more information about TRICARE benefits, please visit the TRICARE Web site at www.tricare.osd.mil/reserve or contact the TRICARE regional contractor serving your area. They are listed on the previous slide.